

# Top tips for online safety!



1

Not everyone is who they say they are online. You should only accept friend requests from people you know and trust.

2

Think before you post! Once it's posted online you can lose control over who sees it or where it ends up.

3

Use a passphrase – a random collection of four or more words and at least 12 characters. Passphrase example: hairybeachblueshoe

4

Keep personal information (whether about yourself, a family member or a friend) private online.

5

Not everything you see online is true, helpful or safe. Make sure you know it's coming from a trustworthy and reliable source.



6

Read comments or texts out loud; could they be misinterpreted by someone?

7

Never post inappropriate or illegal content anywhere on the internet. It's important to know that online actions can have consequences.

8

Make sure your social network profiles are set to private or friends only (check your privacy settings).

9

Always ask permission before uploading and/or tagging someone in a post/photo/video.

10

Know how to block and report on every game, app or website you use.

Most importantly, know where you can go for help! Speak to a trusted adult if something makes you feel uncomfortable online.

YOU CAN ALSO GET HELP FROM:



**Kids Helpline**  
1800 55 1800



**Lifeline**  
13 11 14



**ReachOut**  
[www.au.reachout.com](http://www.au.reachout.com)



**Youth Beyond Blue**  
[www.youthbeyondblue.com](http://www.youthbeyondblue.com)



**Office of the eSafety Commissioner**  
[www.esafety.gov.au](http://www.esafety.gov.au)



**Local police**

